

NAME _____

DATE _____
Single () Living Together (optional) ()

BIRTHDATE _____

Married () Years Married _____

HEIGHT _____ WEIGHT _____

PARTNER'S NAME _____ AGE _____

OCCUPATION _____

Divorced () Separated () Widowed ()

What do you consider your racial designation? Caucasian () Black () Hispanic () Japanese/Chinese () Korean ()
South East Asian () Filipino () Native American () Other () _____

Religious Preference (optional) _____

What Physician referred you to our office? _____

PRIMARY CARE PROVIDER _____

MENSTRUAL HISTORY

- _____ Date last normal period began
 _____ Age at first menstrual period
 _____ How many days between the start of one period until the start of the next period.

Amount of flow _____ Number of tampons per day _____
 Duration of flow () 1-3 days () 4-6 days () 7 or more days
 Cramps with period () none/mild () moderate () severe
 Premenstrual symptoms () none/mild () moderate () severe

Circle One

- YES NO During the last 6 months have you had a period about once a month?
 YES NO Have you had any bleeding between periods?

BIRTH CONTROL HISTORY (CIRCLE ALL THAT APPLY)

Diaphragm Cervical Cap Vaginal gels, foams
 Condom Tubal Ligation Vaginal suppositories
 Vasectomy (partner) Rhythm
 Fertility Awareness Basal Body Temperature
 Intrauterine device (type) _____
 When Inserted _____
 Birth Control Pills Years taken _____ When did you stop _____
 Brand Names _____

Are you currently using a method of birth control? _____
 If yes, what method? _____
 Have you had any problems with any method of birth control? _____
 If yes, please explain _____

PREGNANCY HISTORY

TOTAL NUMBER OF PREGNANCIES _____

PRE TERM _____ FULL TERM _____ LIVING _____

ABORTIONS _____ STILLBIRTHS _____

ECTOPIC (Tubal) PREGNANCIES _____

MISCARRIAGES _____ C-SECTIONS _____

Number of children you have now _____

Age at first pregnancy _____

Date last pregnancy ended _____

How? [] abortion [] miscarriage [] delivery
 [] Yes [] No Are you planning to have a child / children in the future?
 [] Yes [] No Do you think you could be pregnant now?

PAST HISTORY

- [] Yes [] No Do you think you are overweight?
 [] Yes [] No Does your weight often fluctuate 10-15 pounds?
 [] Yes [] No When dieting, do you starve yourself, make yourself vomit or take diuretics or laxatives to lose weight?
 [] Yes [] No Do you eat in binges or eat huge amounts of food at one time?
 [] Yes [] No Do you use seat belts?
 [] Yes [] No ARE YOU ALLERGIC TO ANY MEDICATIONS?
 IF YES, WHAT MEDICATIONS? _____

- [] Yes [] No [] Unsure Did you mother take DES while pregnant with you?
 [] Yes [] No Do you smoke? How much? _____
 _____ daily _____ Weekly _____ Monthly
 [] Yes [] No Do you use caffeine products? How much? _____
 _____ daily _____ Weekly _____ Monthly
 [] Yes [] No Do you drink alcohol beverages? How much? _____
 _____ daily _____ Weekly _____ Monthly
 [] Yes [] No Do you, or have you ever used IV drugs?
 [] Yes [] No Do you use recreational drugs?

LIVE BIRTHS (COMPLETE IN ORDER OF DELIVERY)

#1 BORN (MO/YR) _____ Sex _____ Wt. _____ Hrs in Labor _____
 Weeks early/late _____ Epidural/anesthesia _____
 Hospital/City _____ Type of Delivery Vag / C-Sect _____
 Complications _____

#2 BORN (MO/YR) _____ Sex _____ Wt. _____ Hrs in Labor _____
 Weeks early/late _____ Epidural/anesthesia _____
 Hospital/City _____ Type of Delivery Vag / C-Sect _____
 Complications _____

#3 BORN (MO/YR) _____ Sex _____ Wt. _____ Hrs in labor _____
 Weeks early/late _____ Epidural/anesthesia _____
 Hospital/City _____ Type of Delivery Vag / C-Sect _____
 Complications _____

#4 BORN (MO/YR) _____ Sex _____ Wt. _____ Hrs in labor _____
 Weeks early/late _____ Epidural/anesthesia _____
 Hospital/City _____ Type of Delivery Vag / C-Sect _____
 Complications _____

***please list any complications such as birth defects, stillbirth, toxemia, diabetes, hemorrhage, infection, surgery, etc.*

SEXUAL HISTORY (This section is optional)

Age at first intercourse _____
 Is your sexual preference: _____ Heterosexual _____ Homosexual _____ Bisexual
 [] Yes [] No Are you sexually active now?
 [] Yes [] No Have you had more than one sexual partner in the past six months?
 [] Yes [] No Have you ever had a pelvic exam?
 [] Yes [] No Do you have any questions/concerns about sex you wish to discuss today?
 [] Yes [] No At any time in your life have you been involved in a sexual act that was against your will or has been frightening or painful?
 [] Yes [] No Are you in a relationship with a partner who physically hurts you (slaps, kicks, hits, pushes) or threatens you?

CURRENT AND RECENT MEDICATIONS: (include strength and frequency)

Prescription drugs:

Over-the-counter drugs:

FAMILY HISTORY

Were you adopted? [] Yes [] No

Have your blood relatives ever had any of the following?
If yes, who?

- [] Yes [] No Diabetes?
- [] Yes [] No Stroke?
- [] Yes [] No Heart attack or heart disease?
- [] Yes [] No High blood pressure?
- [] Yes [] No Breast cancer?
- [] Yes [] No Cancer of the cervix, uterus, ovary, colon, or pancreas?
- [] Yes [] No Kidney disease?
- [] Yes [] No Bleeding disorder?
- [] Yes [] No Mental illness?
- [] Yes [] No Did either parent die before age 50 from any of the above?

IMMUNIZATION RECORD

Please circle if immunized for any of the following
(include date given if known)

- _____ Flu
- _____ Hepatitis B
- _____ Tetanus
- _____ Pneumovax

HOSPITALIZATIONS

List all hospitalizations and surgeries (except for pregnancy)

Year _____	Reason _____	Place _____	Anesthesia problems? [] Yes [] No
Year _____	Reason _____	Place _____	Anesthesia problems? [] Yes [] No
Year _____	Reason _____	Place _____	Anesthesia problems? [] Yes [] No
Year _____	Reason _____	Place _____	Anesthesia problems? [] Yes [] No

MEDICAL HISTORY

Have you had any of these? If yes (Y), give the year. Circle Y or N

Yes	No	Year		Yes	No	Year	
Y	N	_____	Visual problems (not glasses)	Y	N	_____	Uterine abnormalities
Y	N	_____	Epilepsy (seizures)	Y	N	_____	Diabetes or gestational diabetes
Y	N	_____	Migraine headaches (doctor-diagnosed)	Y	N	_____	Anemia
Y	N	_____	Stroke	Y	N	_____	Bleeding tendency
Y	N	_____	Thyroid disease	Y	N	_____	Varicose veins
Y	N	_____	Breast lump	Y	N	_____	Cancer / where? _____
Y	N	_____	Asthma / respiratory problems	Y	N	_____	Hepatitis / jaundice
Y	N	_____	Pulmonary embolus (blood clot)	Y	N	_____	Gall bladder disease
Y	N	_____	Lung disease	Y	N	_____	Mononucleosis
Y	N	_____	Kidney disease / infection	Y	N	_____	Rheumatic fever
Y	N	_____	3 or more bladder infections	Y	N	_____	Heart murmur
Y	N	_____	Heart disease	Y	N	_____	Blood clots in legs
Y	N	_____	Mitral prolapse	Y	N	_____	Drug abuse
Y	N	_____	High blood pressure	Y	N	_____	Alcohol abuse
Y	N	_____	High cholesterol / blood fats	Y	N	_____	Psychiatric problems
Y	N	_____	Obesity	Y	N	_____	Suicide attempts
Y	N	_____	Gastrointestinal disorder	Y	N	_____	Severe depression
Y	N	_____	Sickle cell trait or disease	Y	N	_____	Breast surgery
Y	N	_____	Genitourinary disorder	Y	N	_____	Tuberculosis
				Y	N	_____	Other major illness / What?

GYNECOLOGIC HISTORY

Date of last pap _____ Where taken _____ Result _____

Have you had any of these?

Yes	No	Year		Yes	No	Year	
Y	N	_____	Abnormal pap smear	Y	N	_____	Syphilis
Y	N	_____	Gynecologic surgery or procedure	Y	N	_____	Chlamydia
Y	N	_____	Pelvic tumor / fibroids	Y	N	_____	Herpes
Y	N	_____	Infected tubes or uterus (PID)	Y	N	_____	Genital warts
Y	N	_____	Frequent vaginal infections	Y	N	_____	Gonorrhea
Y	N	_____	Other female organ problems - Explain _____	Y	N	_____	Infertility
				Y	N	_____	Trichomonas